

Smithtown Senior Citizens Department

Doreen Perrino, Program Director
 420 Middle Country Road, Smithtown, NY 11787

Hours of Operation: 8:30 a.m. to 4:00 p.m.

Lunch is served at 11:45 a.m., Monday through Friday

Please visit us at: <http://www.smithtownny.gov>

Telephone # (631) 360-7616 Transportation # (631) 265-8811 FAX # (631) 360-7689

Office for People with Disabilities Transportation # (631) 360-7642



Summer Hours for July & August: 8:30 a.m. to 3:30 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday																																										
<div>1</div> <div>Zumba 8:45-9:45 a.m. Strength Training 10-11 a.m. Needlecraft 10 a.m. Wii Bowling in Library 10:30-11:30 a.m. Jewelry Craft 10:30-11:30 a.m. Art Class 1-3 p.m.</div> <div>CHILI CON CARNE</div>	<div>2</div> <div>Quilts for Vets 10 a.m. Video Exercise 10-11 a.m. Creative Club 10-11 a.m. Trivia 10:30 a.m. Canasta @ 12:30 p.m.</div> <div>SUMMER CHICKEN SALAD</div>	<div>3</div> <div>Line Dancing CANCELLED</div> <div>Movie Day @ 12:15 p.m. Mother of the Bride</div> <div>PORK SCHNITZEL</div>	<div>4</div> <div></div>	<div>5</div> <div>Center Committee Meeting 10 a.m. John Bruno, Senior Advocate 10 a.m. Ladies' Social Circle 10:15-11:15 a.m. Men's Group 12:15 p.m.</div> <div>EGGPLANT ROLLATINI</div>																																										
<div>8</div> <div>Nesconset Library Trip- Bus Departs 9:30 a.m. Zumba 8:45-9:45 a.m. Strength Training 10-11 a.m. Needlecraft 10 a.m. Wii Bowling in Library 10:30-11:30 a.m. Jewelry Craft 10:30-11:30 a.m. Art Class 1-3 p.m.</div> <div>CHICKEN FRICASSEE</div>	<div>9</div> <div>Quilts for Vets 10 a.m. Video Exercise 10-11 a.m. Creative Club 10-11 a.m. Trivia 10:30 a.m. NEW : Artistic Expressions 12:30-1:30 p.m. See Patty to sign up!</div> <div>BBQ PORK MEATLOAF</div>	<div>10</div> <div>Line Dancing 9:30-10:30 a.m. Quilting 10 a.m.</div> <div>Mac & Cheese Day @ 11:45 a.m.</div> <div>SCRAMBLED EGGS w/CHEESE</div>	<div>11</div> <div>Video Exercise 9-9:45 a.m. Quilting 10 a.m. Strength Training 10-11 a.m. Crosswords 10:30 a.m. Game Day 12:30 p.m. Garden Club 12:30 p.m. NEW Zumba 1-2 p.m.</div> <div>ROAST BEEF SANDWICH</div>	<div>12</div> <div>Technology Assistance with Grace: 9:30-10:30 a.m. and 12:30-1:30 p.m. in the Card Room Ladies' Social Circle 10:15-11:15 a.m. Men's Group 12:15 p.m.</div> <div>LEMON ROASTED CHICKEN</div>																																										
<div>15</div> <div>Zumba 8:45-9:45 a.m. Strength Training 10-11 a.m. Needlecraft 10 a.m. Wii Bowling in Library 10:30-11:30 a.m. Jewelry Craft 10:30-11:30 a.m. Art Class 1-3 p.m.</div> <div>PORK PICCATA</div>	<div>16</div> <div>Quilts for Vets 10 a.m. Video Exercise 10-11 a.m. Creative Club 10-11 a.m. Trivia 10:30 a.m. Canasta @ 12:30 p.m.</div> <div>VEGETABLE LASAGNA</div>	<div>17</div> <div>Quilting 10 a.m.</div> <div>Patriotic Dance 11:30 a.m.-2:30 p.m.</div> <div>*Early lunch @ 11 a. m*</div> <div>MONGOLIAN BEEF</div>	<div>18</div> <div>Video Exercise 9-9:45 a.m. Quilting 10 a.m. Strength Training 10-11 a.m. Crosswords 10:30 a.m. Game Day 12:30 p.m. Garden Club 12:30 p.m. Zumba 1-2 p.m.</div> <div>TURKEY STUFFED PEPPER</div>	<div>19</div> <div>Ladies' Social Circle 10:15-11:15 a.m. Men's Group 12:15 p.m. PAINT & SIP 12:45-3 p.m. Sign up at front desk</div> <div>CHEF SALAD</div>																																										
<div>22</div> <div>Dollar Store/Pizza Trip Bus Departs 10:30 a.m. Zumba 8:45-9:45 a.m. Strength Training 10-11 a.m. Needlecraft 10 a.m. Wii Bowling in Library 10:30-11:30 a.m. Jewelry Craft 10:30-11:30 a.m. Art Class 1-3 p.m.</div> <div>EGG SALAD</div>	<div>23</div> <div>Quilts for Vets 10 a.m. Video Exercise 10-11 a.m. Creative Club 10-11 a.m. Trivia 10:30 a.m. Artistic Expressions 12:30-1:30 p.m. See Patty to sign up!</div> <div>SAUERBRATEN</div>	<div>24</div> <div>Line Dancing 9:30-10:30 a.m. Quilting 10 a.m. Book Club: Hidden Figures 10:30 a.m. Discussion 12:30 p.m. Movie</div> <div>CHICKEN FRANCESE</div>	<div>25</div> <div>Stony Brook Nature Cruise Trip Video Exercise 9-9:45 a.m. Quilting 10 a.m. Strength Training 10-11 a.m. Crosswords 10:30 a.m. Game Day Cancelled Garden Club Cancelled Zumba 1-2 p.m.</div> <div>SHREDDED PORK w/Rice & Beans</div>	<div>26</div> <div>Mall Trip Bus departs 9:45 a.m. Technology Assistance with Grace: 9:30-10:30 a.m. and 12:30-1:30 p.m. in the Card Room Ladies' Social Circle 10:15-11:15 a.m. Men's Group 12:15 p.m.</div> <div>HOT DOG</div>																																										
<div>29</div> <div>Zumba 8:45-9:45 a.m. Strength Training 10-11 a.m. Needlecraft 10 a.m. Wii Bowling in Library 10:30-11:30 a.m. Jewelry Craft 10:30-11:30 a.m. Art Class 1-3 p.m.</div> <div>STUFFED CABBAGE</div>	<div>30</div> <div>Quilts for Vets 10 a.m. Video Exercise 10-11 a.m. Creative Club 10-11 a.m. Trivia 10:30 a.m. Canasta @ 12:30 p.m. Artistic Expressions 12:30-1:30 p.m. See Patty to sign up!</div> <div>HONEY GLAZED CHICKEN</div>	<div>31</div> <div>Line Dancing 9:30-10:30 a.m. Quilting 10 a.m. LI Music & Entertainment Hall of Fame Trip *See a Club Leader*</div> <div>Birthday Party 12:30 p.m.</div> <div>PORK TENDERLOIN</div>	<div>August 2024</div> <table><tr><th>Sun</th><th>Mo</th><th>Tue</th><th>We</th><th>Thu</th><th>Fri</th><th>Sat</th></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table>		Sun	Mo	Tue	We	Thu	Fri	Sat					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
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CALENDAR SUBJECT TO CHANGE-see bulletin board for up-to-date version

Schedules subject to change as needed for special events, etc.
Make sure to look on bulletin board or website for
up-to-the minute calendar version!

JULY MEETINGS

Club Moriches (Club Leader: Jodi)

(2nd & 4th Monday @ Fairfield Club House, St. James at 1 p.m.)

July 8th & 22nd

Country Club (Club Leader: Fran)

(1st & 3rd Tuesday @ Elks Lodge, Smithtown at 1 p.m.)

July 2nd & 16th

Ft. Salonga (Club Leader: Jodi)

(2nd & 4th Thursday @ Smithtown Landing Country Club at 12:30 p.m.)

July 11th & 25th

Kings Park (Club Leader: Cecilia)

(2nd & 4th Tuesday @ KP Manor Clubhouse at 12:30 p.m.)

July 9th & 23rd

Mills Pond (Club Leader: Fran)

(2nd & 4th Tuesday @ Fairfield Clubhouse, St. James at 1 p.m.)

July 9th & 23rd

St. James (Club Leader: Lisa)

(1st & 3rd Tuesday @ Senior Citizens Department at 1 p.m.)

July 2nd & 16th



ZUMBA SESSION

MONDAY 8:45-9:45 A.M.

8 classes/\$30.00

Register at front desk

6/10/24-7/29/24

June 10th

June 17th

June 24th

July 1st

July 8th

July 15th

July 22nd

July 29th

ZUMBA SESSION

THURSDAY 1-2 P.M.

8 classes/\$30.00

Register at front desk

7/11/24-8/29/24

no class 6/27 & 7/04

July 11th

July 18th

July 25th

August 1st

August 8th

August 15th

August 22nd

August 29th

"One must maintain a
little bit of summer,
even in the middle
of winter."

—HENRY DAVID THOREAU



Upcoming for August 2024:

Summer hours in effect July through August; center is open 8:30 a.m. to 3:30 p.m.

- ♦ **Friday, August 2nd:** There will be a Center Committee meeting at 10 a.m. in the Library.
- ♦ **Friday, August 2nd:** John Bruno, Senior Advocate from SCOFA, will begin taking appointments at 10 a.m. Sign up at the front desk.
- ♦ **Wednesday, August 7th:** Movie Day at 12:15 p.m. in the Library.
- ♦ **Wednesday, August 7th:** Lauren Kristy Paddlewheeler boat trip. See a Club Leader if interested in participating.
- ♦ **Monday, August 12th:** Nesconset Library Trip—bus departs the center at 9:30 a.m.
- ♦ **Monday, August 12th:** Trip to Smithtown Landing Pool. See a Club Leader if interested.
- ♦ **Tuesday, August 13th:** Artistic Expressions from 12:30 to 1:30 p.m. Must sign up in advance.
- ♦ **Friday, August 16th:** Root Beer Float day at 12:15 p.m. in the Auditorium.
- ♦ **Tuesday, August 20th:** Blood Pressure Screening at 9:30 a.m.
- ♦ **Wednesday, August 21st :** Broadway Café from 12:30 to 2:30 p.m. See a Club Leader if you'd like to sign up!
- ♦ **Monday, August 26th:** Dollar Store/Pizza Trip—bus departs the center at 10:30 a.m.
- ♦ **Wednesday, August 28th:** Birthday party at 12:30 p.m. in the Auditorium.
- ♦ **Friday, August 30th:** Mall Trip—bus departs the center at 9:45 a.m.

TRANSPORTATION

Smithtown Township Only

Transportation for essential services

Monday through Friday

(631) 265-8811

(631) 265-8826

Disabilities Services Transportation

(631) 360-7642



**All participants at the Smithtown Senior
Citizens Department must be Town
residents and are required to register at the
front desk.**

Some programs have **limited space**, therefore,
you must register in order to participate.
Please feel free to call with any questions or
concerns regarding our policy.

Thank you!