



**Town of Smithtown  
Youth & Community Alliance**

**Healthy Relationships Committee Meeting**

**August 14, 2017**

**Horizons Center Community Room**

*Keeping Our Youth & Families Safe...  
Physically & Emotionally Healthy & Free of Substance Abuse*

**Meeting highlights:**

- Roundtable introductions were made.
- Brief overviews of the previous *Healthy Relationships Committee meeting* (5/2/17) and the last *General Membership meeting* (5/25/17) were given.
- Community Education Workshop: Karen A. from the Youth Bureau developed a PowerPoint presentation draft, based upon the committee's previous discussions regarding communication between parents and children. Alliance member Gail F. helped with suggestions from similar presentations she had given.
  - The presentation, "How to listen...So your children will talk," is scheduled for November 13<sup>th</sup> from 7 PM – 8:30 PM at the Smithtown Library- Commack Branch. Kings Park in the kNOw and the Alliance will be hosting the workshop. The group went through the presentation and gave suggestions and additional activity ideas. A section will be added that focuses on how parents respond to their children. Young people are looking for help and they need parents to not judge or minimize their concerns and feelings.
- The finished PowerPoint from this workshop might be put up on the Alliance Web Site after the presentation. Any suggestions for the website are welcome.
- The discussion on Family/Competitive game nights was tabled due to time constraints
- *Next Steps:* Committee members were instructed to email Stacey S. in the Youth Bureau with any further suggestions regarding the presentation.
- The quarterly **General Membership Meeting will be held on 8/29 at 4:30 p.m. – 6:00 p.m.** at the Smithtown Library Main Branch. There will be a Narcan training at this meeting. Committees will have the opportunity to get together after the training to brainstorm regarding committee initiatives.
- The next Healthy Relationships Committee meeting will be held on 10/16/17, 7:30 p.m. – 8:30 p.m. at the Horizons Center.



**Youth & Community Alliance of Smithtown**

"To promote the health and wellness of our young people; mobilize schools and communities; and utilize resources to create and sustain an environment where destructive decisions and substance abuse are reduced"