



Youth & Community Alliance of Smithtown

General Membership Meeting

February 16, 2017

Smithtown Library Main Branch

*Keeping Our Youth & Families Safe...
Physically & Emotionally Healthy & Free of Substance Abuse*

Meeting highlights:

Introductions were made and an overview was given of the Y & C Alliance, and the formation of its three special committees (Substance Abuse, Healthy Relationships, and Bullying/Cyber-Bullying)

A presentation on “Risk and Protective Factors” was presented by Pamela Mizzi, Director- Long Island Prevention Resource Center.

Presentation Key Points: Risk & Protective Factors associated with the Community, Family, School, Individual and Peers, as well as, the problem behaviors which are affected (Substance Abuse, Delinquency, Teen Pregnancy, School Drop-Out, and Violence). Pam touched on how risk and protective factors are linked to each of our committees’ activities. She also mentioned other frameworks that are extremely helpful to understand, such as the *40 developmental assets* and *resiliency*.

Each committee reported on what was discussed during their previous meetings:

Substance Abuse Committee: Sticker Shock Update, Medicine Take Back Day and Seasonal PSA’s (Public Service Announcements)

Bullying/Cyber-bullying Committee: Develop a bullying video and App, PSA and peer education program

Healthy Relationships Committee: Family Game Nights, “kindness days” and outreach through social media.

Committees broke out into groups and had a brief discussion on how to proceed with projects:

Bullying/ Cyber-bullying Committee: Abinaya Anand has invited Jared Habermehl to the next meeting. Jared is a student she works with at her school who can help us put together a Bullying App, Anti-bullying booth at Smithtown Day-June 4th: Kings Park-June 11th, Upstanders or Tolerance Day-Poster Campaign, Waiting on word from Dr. Eagan and the KPHS video, There was also some thoughts on connecting adults with this anti/bullying and tolerance theme. Children emulate what they see at home, Resiliency how to make students resilient towards bullying also was part of the conversation.

Substance Abuse Committee: Develop a press release (before/after) “Sticker Shock” (a community education campaign provided by students), contact local media about event, spread the message about Sticker Shock through social media, and contact local supermarkets (King Kullen, Key Food).

Healthy Relationships Committee: Develop an informational brochure (tie message into other committees as well), Smithtown High School West is not opposed to having other students from different schools attend a Family Night. Students will inquire and confirm with Smithtown H.S.E.

Announcements:

Global Youth Services Day- 4/22/17

Letter writing campaign for Emergency Responders

HUGS will be holding a Leadership Institute on Shelter Island. Brochures were available for students.

Next general meeting:

May 25, 2017 from 4:30-6:00 pm at the Smithtown Library

Committee meetings: All at Horizons/Youth Bureau (161 E. Main St., Smithtown)

Bullying/Cyber-Bullying 4/3/17 4:30-5:30 pm

Substance Abuse- 4/24/17 4:00-5:00 pm

Healthy Relationships- 5/2/17 7:30-8:30 pm



Youth & Community Alliance of Smithtown

“To promote the health and wellness of our young people; mobilize schools and communities; and utilize resources to create and sustain an environment where destructive decisions and substance abuse are reduced”