

AUGUST 2019

CONGREGATE

Mon	Tue	Wed	Thu	Fri
BBQ Pork Meatloaf Over Red Cabbage Roasted Sweet Potato Wedges Sugar Snap Peas Wheat Bread/Juice *OJ Chocolate Pudding	Food Cart Style Chicken Wild Rice Medley Green Salad w/ Yogurt Dressing Flat Bread/Juice Watermelon Slice	Salmon Salad (8oz) Romaine Lettuce Macaroni Salad Carrot Salad Rye Bread Apricots	¹ Broccoli & Cheddar Cheese Stuffed Chicken Buttered Bow Tie Pasta Roasted Tomatoes & Okra Dinner Roll/Juice *OJ Pears	² Veal Cutlet & Gravy Mashed Potatoes Roasted Broccoli Rye Bread/Juice *OJ Seasonal Fresh Fruit
⁵ Open Face French Onion Burger Mixed Vegetables Roasted Broccoli Burger Bun/Juice Melon Salad	⁶ Israeli Salad (Grilled Chicken, Cucumber, Tomato & Onion In Lemon Juice) Vegetable Quinoa Salad Cole Slaw Soft Roll/ Juice *OJ Chocolate Pudding	⁷ Teriyaki Glazed Pork Chop Brown Rice Roasted Green Beans Egg Twist Roll/Juice *OJ Pineapple Chunks	⁸ Egg Roll "Bowl" Lo Mein Noodles Steamed Snap Peas Wheat Bread/Juice Mandarin Oranges	⁹ Summer Chicken Salad 1 cup Romaine Lettuce Macaroni Salad Tomato & Onion Salad Club Crackers Orange
¹² Egg Salad 1 cup Romaine Lettuce Tri-color Pasta Salad Cucumber Salad Rye Bread Pineapple Chunks	¹³ Chicken Cordon Bleu Meatballs w/ Dijon Gravy Mashed Sweet Potatoes Steamed Broccoli Dinner Roll/Juice Seasonal Fresh Fruit	¹⁴ Grilled Chicken Tuscan Panzanella Salad Potato Salad Juice Peaches	¹⁵ Korean Beef Tacos Jasmine Rice Cucumber Slaw Corn Tortillas/Juice *OJ Melon Salad	¹⁶ Honey Mustard Chicken Bake Roasted Potatoes Asparagus, Peppers & Cauliflower Dinner Roll/Juice Banana
¹⁹ Garlic Dijon Roast Pork Tenderloin Over Red Cabbage Baked Potato Spinach Wheat Bread/Juice Vanilla Pudding	²⁰ Ginger Lime Chicken Lo Mein Noodles Broccoli & Carrots Egg Twist Roll/Juice Mandarin Oranges	²¹ Tuna Salad & Celery 8oz Romaine Lettuce Rice & Tomato Salad Carrot & Raisin Salad Marble Rye/Juice *OJ Seasonal Fresh Fruit	²² Roasted Chicken Tricolor Summer Penne Steamed Zucchini Italian Bread/Juice *OJ Watermelon Slice	²³ Turkey Stuffed Pepper Wild Rice Medley Broccoli Garlic & Oil Wheat Bread/Juice *OJ Pound Cake
²⁶ Hawaiian Chicken White Rice Asian Vegetable Blend Wheat Bread/Juice *OJ Tropical Fruit Salad	²⁷ Meatloaf & Onion Gravy Garlic Mashed Potatoes Shredded Brussels Sprouts Wheat Bread/ Juice Fruit Cocktail	²⁸ Grilled Vegetable "Sandwich" w/ Pesto Mayonnaise Chickpea & Egg Salad Garden Salad w/ Oil & Vin. (2) Multigrain Bread/Juice Chocolate Chip Cookie	²⁹ Baked Ravioli Marinara Mesclun Greens & Oil & Vin. Balsamic Tossed Broccoli Dinner Roll Seasonal Fresh Fruit	³⁰ Chicken Salad & Celery 1 cup Romaine Lettuce Vegetable Quinoa Salad Cole Slaw Soft Roll Pears