



## Youth & Community Alliance of Smithtown

### Bullying/Cyberbullying Committee Meeting

January 9, 2017

Horizons Center Community Room

*Keeping Our Youth & Families Safe...  
Physically & Emotionally Healthy & Free of Substance Abuse*

#### Meeting highlights:

1. A recap of the November bullying brainstorming meeting was given.
2. An open discussion on what the group should focus on moving forward took place. Ideas and topics included:
  - a. Developing an *App* about bullying- this needs to be discussed further. Some concerns are that young people should talk to parents if they are being bullied and that young people might not think to search for an app on bullying.
  - b. Creating a peer education program (based off of the SADD method- push into classrooms) that targets the schools and also include stress management info and developing a poster/video/PSA.
  - c. Promote having a family charging station (for all electronics- to be used at night)
  - d. Educate students about social media privacy settings
  - e. Encouraging students to create a positive social media digital footprint.
  - f. The group was most interested on focusing on creating a positive social digital footprint which includes being *Upstanders* and teaching others about this concept
  - g. Several groups may be able to help with the proposed projects. They include: Student Council, SADD Club, sports teams, leadership clubs, video clubs, Town of Smithtown Public Safety Dept., Kings Park School District (pilot/model program - develop a video with students to discuss being Upstanders,etc.)
  - h. The group would like to focus on *making kindness contagious and being Upstanders*.
  - i. "Make a difference day"- can start discussing it on Martin Luther King Day. Use "make a difference" hash tags to help make it trend and have an event on a specific say (i.e. Earth day); morning school announcements can have a positive message each day, look at how the ReeseSpecht Life Foundation uses their foundation to cultivate kindness and pay it forward (palm cards);

3. **Next Steps:**

- a. Dr. Eagan, Superintendent for Kings Park Central School districts will speak with Kings Park students and the video club about developing the pilot/model Bullying/Cyberbullying video that can be similarly reproduced in other school districts (plans including Rick Holmes, video group Supervisor).
- b. Councilwoman Lisa Inzerillo will speak with Public Safety to see if they could help in producing and/or promoting the video town-wide.
- c. Abi Anand will speak with the some of the students at Commack HS about developing an App,
- d. National Guard Counter-Drug Task Force will help with any marketing materials and designs or logos,
- e. Students/parents with SADD club connections will touch base with them about the peer education projects for possible ideas.
- f. Laura Campanelli will be the spokesperson at the general membership meeting on 2/16/17 at the Smithtown Library Main Branch, 4:30 PM – 6:00 PM. She will update all Y & C Alliance of Smithtown members about Bullying/Cyberbullying Committee activities.



**Youth & Community Alliance of Smithtown**

“To promote the health and wellness of our young people; mobilize schools and communities; and utilize resources to create and sustain an environment where destructive decisions and substance abuse are reduced”