

# May 2019



## Smithtown Senior Citizens Department

Laura Greif, Program Director

420 Middle Country Road, Smithtown, NY 11787

Hours of Operation: 8:30 a.m. to 4:30 p.m.—**July & August 8:30 a.m. to 3:30 p.m.**

Please visit us at: <http://www.smithtownny.gov>

Lunch served: Monday & Wednesday @ 11:30 a.m., Tuesday & Thursday @ 11:45 a.m., Friday @ 11:15 a.m.

Telephone # (631) 360-7616 Transportation # (631) 265-8811 FAX # (631) 360-7689

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>April</b></p> <p>S M T W T F S</p> <p>1 2 3 4 5 6</p> <p>7 8 9 10 11 12 13</p> <p>14 15 16 17 18 19 20</p> <p>21 22 23 24 25 26 27</p> <p>28 29 30</p>	<p><b>June</b></p> <p>S M T W T F S</p> <p>1</p> <p>2 3 4 5 6 7 8</p> <p>9 10 11 12 13 14 15</p> <p>16 17 18 19 20 21 22</p> <p>23 24 25 26 27 28 29</p> <p>30</p>	<p><b>1</b></p> <p>Quilting 9:30 am</p> <p>Blood Pressure Screening 9:30 am</p> <p>Strength Training 10 am</p> <p><b>BOCCE 12:30-1:30 pm</b></p> <p>*Register with a Club Leader*</p> <p><b>CHICKEN FRICASSEE</b></p>	<p><b>2</b></p> <p>Video Exercise 9-9:45 am</p> <p>Beginner Quilting 10 am</p> <p>Line Dancing 10-11:30 am</p> <p>Jewelry Craft 10:30 am</p> <p>Crosswords 10:30 am</p> <p>Movie Day 12:15 pm</p> <p>Garden Club 12:30 pm</p> <p>Art Class 1 pm</p> <p>Zumba Cancelled</p> <p>Yoga 2:15 pm</p> <p><b>STUFFED CABBAGE</b></p>	<p><b>3</b></p> <p>SCOFA Senior Advocate 10 am</p> <p>Center Committee Meeting 10 am</p> <p>Ladies' Social Circle 10 am</p> <p>Bingo 12:15 pm</p> <p><b>TERIYAKI BURGER</b></p>
<p><b>6</b></p> <p>Zumba 8:45 am</p> <p>Strength Training 10 am</p> <p>Needlecraft 10 am</p> <p>Jewelry Craft 10:30 am</p> <p>Wii 12:45 pm</p> <p>Art Class 1 p.m.</p> <p><b>STUFFED PLANTAINS</b></p>	<p><b>7</b></p> <p>Cut-Ups 9:30-10:30 am</p> <p>Reminisce 10 am</p> <p>Video Exercise 10-11 am</p> <p>Scrapbooking 12:15-1:30 pm</p> <p>Wii 12:45 pm</p> <p><b>SPAGHETTI w/SAUSAGE</b></p>	<p><b>8</b></p> <p>Quilting 9:30 am</p> <p>Strength Training 10 am</p> <p><b>BOOK CLUB:</b></p> <p>10:30 am Discussion</p> <p>12:30 pm Movie</p> <p>Wonder by R.J. Palacio</p> <p><b>EGG SALAD</b></p>	<p><b>9</b></p> <p>Video Exercise 9-9:45 am</p> <p>Beginner Quilting 10 am</p> <p>Line Dancing 10-11:30 am</p> <p>Jewelry Craft 10:30 am</p> <p>Crosswords 10:30 am</p> <p>Garden Club 12:30 pm</p> <p>Art Class 1 pm</p> <p>Quilts for Vets 1 pm</p> <p>Zumba 1 pm</p> <p>Yoga 2:15 pm</p> <p><b>CHICKEN ROLLATINI</b></p>	<p><b>10</b></p> <p>Ladies' Social Circle 10 am</p> <p>Bingo 12:15 pm</p> <p><b>VEAL CUTLET</b></p>
<p><b>13</b></p> <p>Zumba 8:45 am</p> <p>Strength Training 10 am</p> <p>Needlecraft 10 am</p> <p>Jewelry Craft 10:30 am</p> <p>Wii 12:45 pm</p> <p>Art Class 1 pm</p> <p><b>TURKEY MEATBALLS with PASTA</b></p>	<p><b>14</b></p> <p>Reminisce 10 am</p> <p>Video Exercise 10-11 am</p> <p>Wii 12:45 pm</p> <p><b>STUFFED ZUCCHINI</b></p>	<p><b>15</b></p> <p><b>HEALTH FAIR</b></p> <p>10 am-2 pm</p> <p>Quilting 9:30 am</p> <p><b>CHICKEN SALAD</b></p>	<p><b>16</b></p> <p>Video Exercise 9-9:45 am</p> <p>Beginner Quilting 10 am</p> <p>Line Dancing Cancelled</p> <p>Jewelry Craft 10:30 am</p> <p>Crosswords 10:30 am</p> <p>Garden Club 12:30 pm</p> <p>Art Class 1 pm</p> <p>Zumba 1 pm</p> <p>Yoga 2:15 pm</p> <p><b>POT ROAST</b></p>	<p><b>17</b></p> <p>Ladies' Social Circle 10 am</p> <p>Strength Training 10 am</p> <p>Bingo 12:15 pm</p> <p>Model Club 1:30 pm</p> <p><b>ROAST PORK LOIN</b></p>
<p><b>20</b></p> <p>Zumba 8:45 am</p> <p>Strength Training 10 am</p> <p>Needlecraft 10 am</p> <p>Jewelry Craft 10:30 am</p> <p>Wii 12:45 pm</p> <p>Art Class 1 pm</p> <p><b>SAUERBRATEN</b></p>	<p><b>21</b></p> <p>Cut-Ups 9:30-10:30 am</p> <p>Reminisce 10 am</p> <p>Video Exercise 10-11 am</p> <p>Scrapbooking 12:15-1:30 pm</p> <p>Wii 12:45 pm</p> <p><b>TUNA SALAD</b></p>	<p><b>22</b></p> <p><b>SPRING LUNCHEON</b></p> <p>12-4 pm</p> <p>*Register with a Club Leader*</p> <p>Quilting 9:30 am</p> <p>Strength Training 10 am</p> <p><b>BBQ MEATLOAF</b></p>	<p><b>23</b></p> <p>Video Exercise 9-9:45 am</p> <p>Beginner Quilting 10 am</p> <p>Line Dancing 10-11:30 am</p> <p>Jewelry Craft 10:30 am</p> <p>Crosswords 10:30 am</p> <p>Garden Club 12:30 pm</p> <p>Quilts for Vets 1 pm</p> <p>Art Class 1 pm</p> <p>Zumba 1 pm</p> <p>Yoga 2:15 pm</p> <p><b>HAWAIIAN CHICKEN</b></p>	<p><b>24</b></p> <p><b>Memorial Day Presentation 9:30 am</b></p> <p><b>EXECUTIVE BOARD MEETING 10:30 am.</b></p> <p>Ladies' Social Circle Cancelled</p> <p>Bingo 12:15 pm</p> <p><b>STUFFED ZUCCHINI w/ SAUSAGE</b></p>
<p><b>27</b></p> <p><b>CENTER CLOSED</b></p> <p><b>memorial DAY</b></p>	<p><b>28</b></p> <p>Reminisce 10 am</p> <p>Video Exercise 10-11 am</p> <p>Wii 12:45 pm</p> <p><b>HOT DOG w/BEANS</b></p>	<p><b>29</b></p> <p><b>OHEKA CASTLE &amp; CIRELLA's TRIP</b></p> <p>*See Club Leader*</p> <p>Quilting 9:30 am</p> <p>Strength Training 10 am</p> <p><b>Birthday Party</b></p> <p>12:30 p.m.</p> <p><b>PENNE a la VODKA</b></p>	<p><b>30</b></p> <p>Video Exercise 9-9:45 am</p> <p>Beginner Quilting 10 am</p> <p>Line Dancing 10-11:30 am</p> <p>Jewelry Craft 10:30 am</p> <p>Crosswords 10:30 am</p> <p>Garden Club 12:30 pm</p> <p>Quilts for Vets 1 pm</p> <p>Art Class 1 pm</p> <p>New Zumba 1 pm</p> <p>Yoga 2:15 pm</p> <p><b>CHEESEBURGER</b></p>	<p><b>31</b></p> <p>Strength Training 10 am</p> <p>Ladies' Social Circle 10 am</p> <p>Bingo 12:15 pm</p> <p><b>CHICKEN SALAD</b></p>

CALENDAR SUBJECT TO CHANGE-see bulletin board for up-to-date version

### May Upcoming Programs

- **Wednesday, May 1:** Blood pressure screening will be held in the Arts/Crafts room at 9:30 a.m.
- **Wednesday, May 1:** Sign up with a Club Leader to play Bocce with us from 12:30 to 1:30 p.m.
- **Thursday, May 2:** Reminder—there is no Zumba on Thursday, May 2nd.
- **Friday, May 3:** SCOFA Senior Advocate, John Bruno, will be here Friday, May 3rd starting at 10 a.m. Sign up that morning at the front desk.
- **Wednesday, May 8:** The book club will be for a discussion at 10:30 a.m., followed by the movie at 12:30 p.m. The book for the month is *Wonder* by R. J. Palacio.
- **Wednesday, May 15:** We will be hosting a Health Fair from 10 a.m. to 2 p.m.
- **Friday, May 17:** The model club will meet at 1:30 p.m.
- **Wednesday, May 22:** Join us for our Spring Luncheon at Flowerfield from 12 to 4 p.m. See a Club Leader to purchase your ticket.
- **Friday, May 24:** We will have a Memorial Day presentation on Friday, May 24th in the auditorium at 9:30 a.m.. Please join us in tribute.
- **Friday, May 24:** There will be an Executive Board meeting at 10:30 a.m.
- **Monday, May 27:** The center is closed in observance of Memorial Day.
- **Wednesday, May 29:** See a Club Leader to participate in our trip to Oheka Castle and lunch at Cirella's.
- **Wednesday, May 29:** The May birthday party will be held at 12:30 p.m. Join us in celebration.



## June 2019 Upcoming Events

Monday, June 3rd	Billiards Tournament	Register with a Club Leader
Wednesday, June 5th	Sunken Meadow/Box Lunch Trip	Register with a Club Leader
Wednesday, June 5th	9:30 a.m.	Blood Pressure Screening
Thursday, June 6th	12:15 p.m. Movie Day in the Library	<i>Young at Heart</i> Starring Doris Day and Frank Sinatra
Wednesday, June 19th	Schubert's Beach Dance 12 to 3 p.m.	Register with a Club Leader
Friday, June 21st	10 a.m.	Executive Board Meeting
Wednesday, June 26th	East End Winery/Villa Paul Trip	Register with a Club Leader
Wednesday, June 26th	10 a.m. to 12 p.m.	Drawing Class
Wednesday, June 26th	12:30 p.m.	June Birthday Party
Friday, June 28th	11 a.m. in Auditorium	Clayton Singing & Dancing Troupe

**All participants at the Smithtown Senior Citizens Department must be Town residents and are required to register at the front desk.**

Some programs have *limited space*, therefore, you must register in order to participate.

Please feel free to call with any questions or concerns regarding our policy.

**Thank you!**

### **TRANSPORTATION Smithtown Township Only**

Transportation for essential services

Monday through Friday

(631) 265-8811

(631) 265-8826



**Disabilities Services Transportation**  
(631) 360-7642